

Sandra Olive
Norwich / UK
Current position

Sandra is a full time Nurse Consultant in Respiratory Medicine at the Norfolk & Norwich University Hospital (NNUH), Norwich, with clinical interests in interstitial lung disease,

emphysema and oxygen management. She has over 20 years experience in clinical respiratory care, predominantly in the acute hospital setting, but has also spent time during her respiratory career in community based and outreach services.

## Clinical

NNUH is a large teaching hospital, which provides elective and non-elective care for a population of 750,000 across a mixed, largely rural region. The majority of patients come from Central Norfolk and North Suffolk, with some from wider afield referred to specialist services. Sandra completed her MSc with distinction in Advanced Practice in 2012 at the University of East Anglia. She has experience in non-pharmacological interventions such as pulmonary rehabilitation, and supportive care. She has supported Breathe Easy Norwich for many years and established an additional support group for those living with pulmonary fibrosis in early 2014, with a current membership of over 100 and with quarterly meetings attracting an average of 50 attendees. Sandra currently has specialist outpatient clinics for patients with emphysema and ILD and is the nurse lead for the Norwich ILD Service, providing ongoing support for those with idiopathic pulmonary fibrosis on specific drug therapies.

## **Teaching**

The Department of Respiratory Medicine has strong links with the UEA clinical researchers and Sandra has been involved in a number of studies including pulmonary rehabilitation maintenance programmes and, currently, the EME-TIPAC study investigating the effect of Co-trimoxazole in IPF. Sandra has a particular interest in governance, quality and service improvement, and provides nursing leadership for the Respiratory department, working to actively engage and support nursing teams in quality improvement initiatives. In 2012, she presented a patient safety project on inpatient oxygen management at the BTS Summer Meeting, which won an award for Innovation in Delivery of Respiratory Care.

She has an interest in clinical education, both in the clinical setting and through the strong links between NNUH and the UEA Medical School and School of Health Sciences, where she is an Associate Tutor and teaches on the respiratory modules for medical students, physician's associate students and pre and post registration nursing students.

## **Professional Service**

Sandra is a member of the British Thoracic Society, the European Respiratory Society and the Association of Respiratory Nurse Specialists. She served on the BTS Nurse Specialist Advisory Group from 2014-2016 and on the ARNS committee from 2014-2017. She was a member of the Royal College of Physicians Secondary Care

Work stream steering group for the continuous National COPD Audit until February 2018. She has been a member of the Nursing Times Respiratory Nursing Awards judging panel on a number of occasions. She is involved in Home Oxygen Service programmes at regional and national level. She is author/co-author of a number of peer-reviewed publications relating to respiratory nursing and oxygen therapy.