Radiology Top Tips for the Multidisciplinary ILD Team

Dr Becca Duerden
Consultant Radiologist
Stockport NHS Foundation Trust

Top Tips

- Who... can help with ILD imaging?
- What... questions to ask of them?
- Why... is it important to communicate?
- When... you know what you know, and what you don't...
- How... to know when to rely on the radiology?

Tip 1 'Who'

Radiologist

Get to know your imaging team

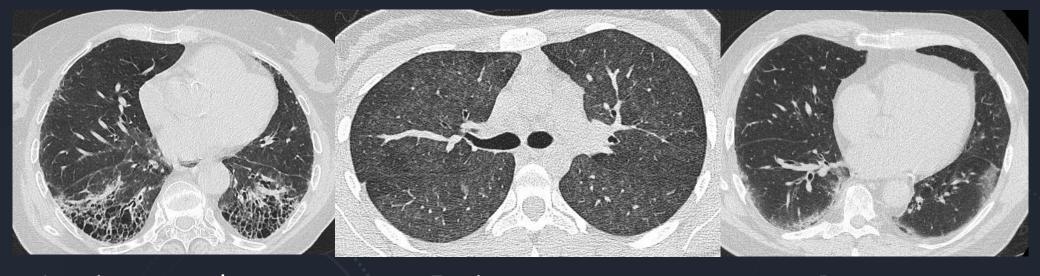
- Radiologists
- Radiographers
- Radiology assistant
- Admin Team
- Booking Team



Tip 2 'Why'

- Understand the different scan techniques
 - HRCT- high resolution- is standard on all modern scanners
 - Non-contrast matters!
 - Inspiratory imaging should be volumetric in older patients to improve detection of abnormalities in airways and nodules
 - Expiratory imaging is used to assess air trapping
 - Prone imaging is essential to exclude gravitational interstitial change

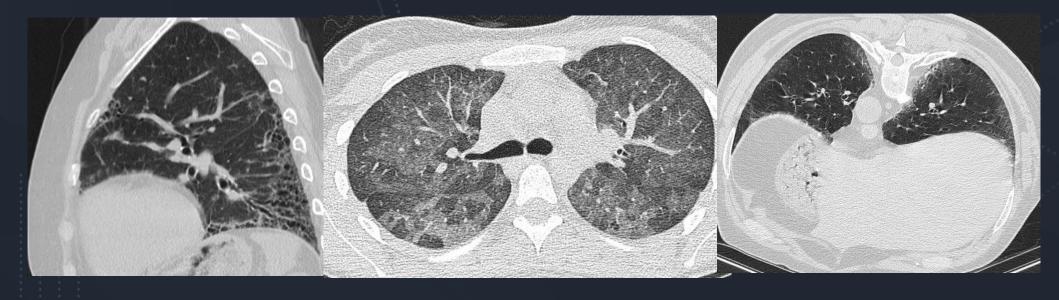




Inspiratory volume

Expiratory

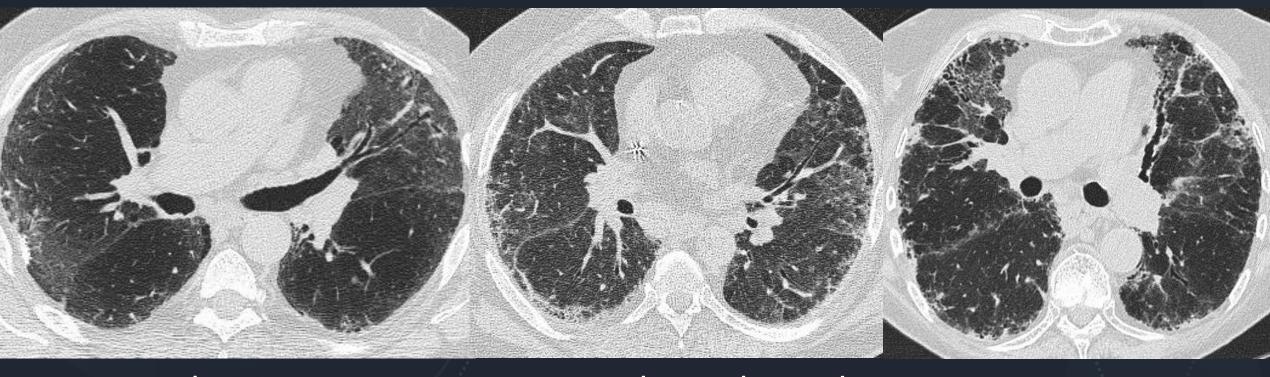
Prone



Tip 3 'Why'

- Provide the correct clinical information
 - Smoking history
 - Exposure and occupational history
 - Drug history
 - Past medical history, particularly CTD
 - Infectious disease history including immunocompetency
 - Surgical history, including biopsies!

Tip 3 'UIP?'



Smoker

Ventricular tachycardia

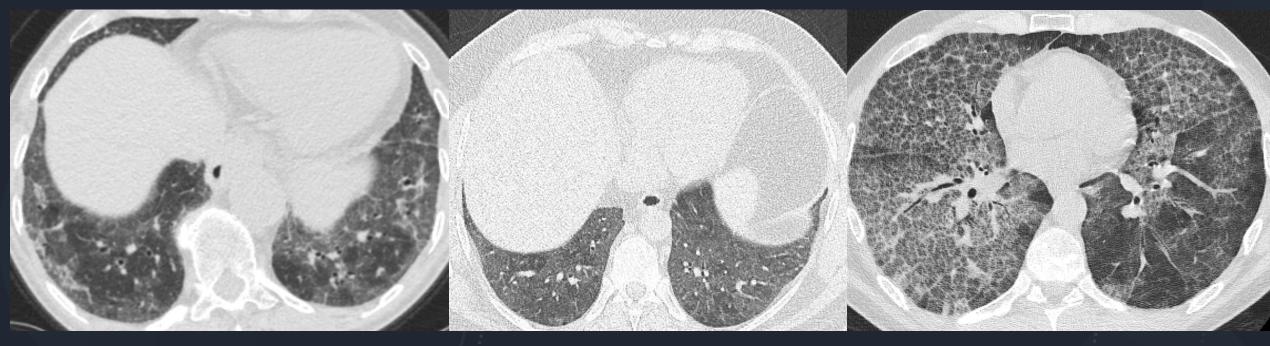
Breast cancer

DIP

Amiodarone toxicity

Herceptin toxicity

Tip 3 'NSIP?'



Swallowing difficulty

Systemic sclerosis

Keeps pigeons

Hypersensitivity Pneumonitis

Productive cough

Alveolar Proteinosis

Tip 3 'Nodules?'







Skin rash

Ex miner

Vaping history

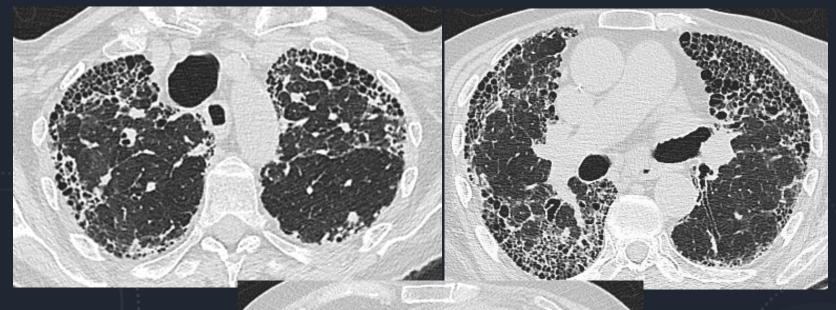
Sarcoidosis

Pneumoconiosis

Vaping pneumonitis

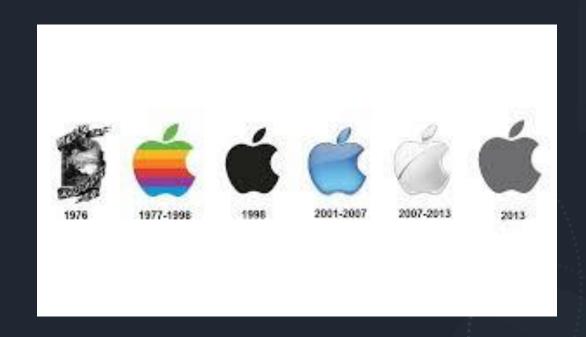
Tip 4 'What'

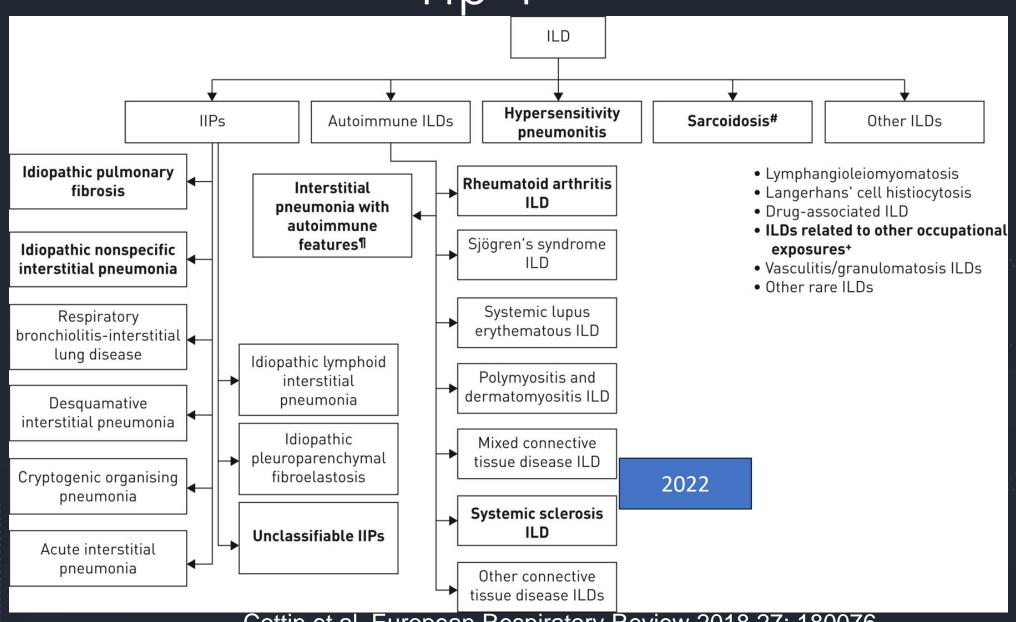
- Is this...
 - UIP?
 - CTD ILD?
 - progressing?
 - improving?
 - needing biopsy?



Tip 4 'When'

- Classical/typical pattern UIP/NSIP
- Atypical pattern UIP/NSIP
- Non-specific pattern
- Progressive pulmonary fibrosis/progressive fibrosing ILD





Cottin et al. European Respiratory Review 2018 27: 180076







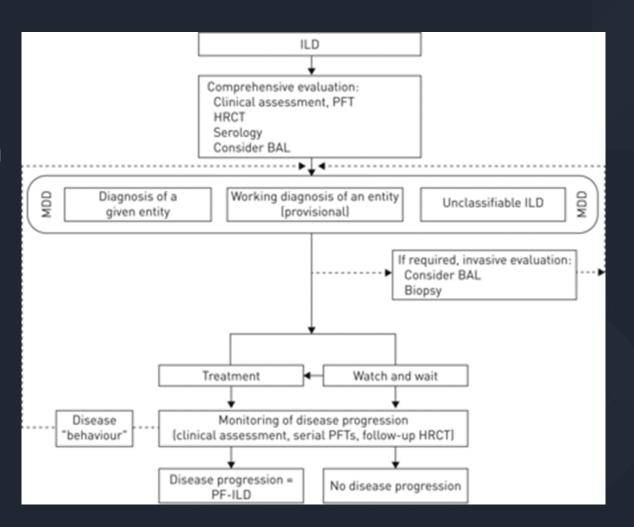






Tip 5 'How'

- Expert opinion for reporting or reviewing
- Provision of all clinical information
- MDT discussion/re-discussion
- Feedback
- Education and CPD



Thank You

Any questions?