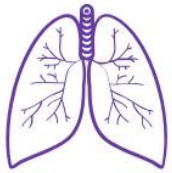


Integrated Respiratory Care- clinician and patient perspectives



RESPS
INTEGRATED RESPIRATORY TEAM

Hannah Long

Respiratory Team Lead

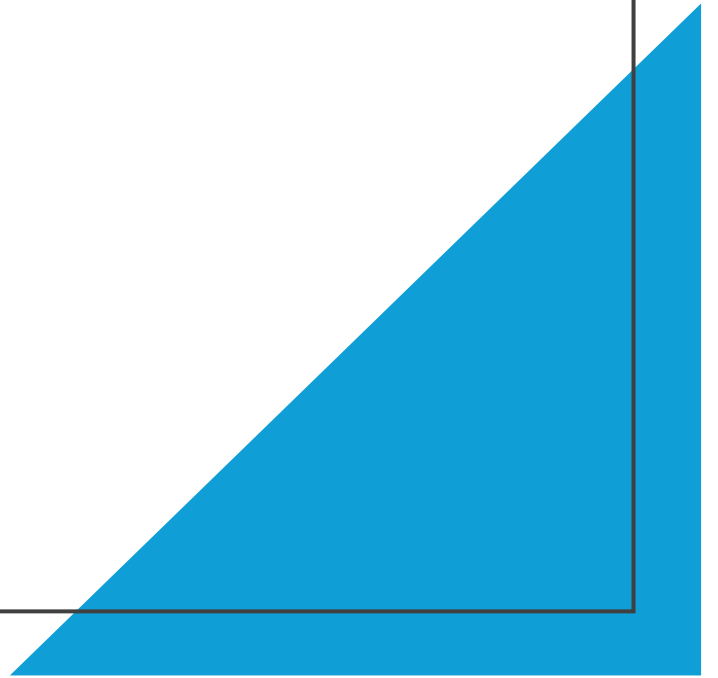
RESPS-East Sussex Healthcare NHS Trust



East Sussex Healthcare
NHS Trust

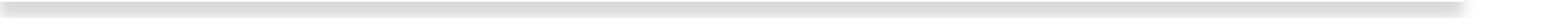
Disclosures

- No conflicts of interest



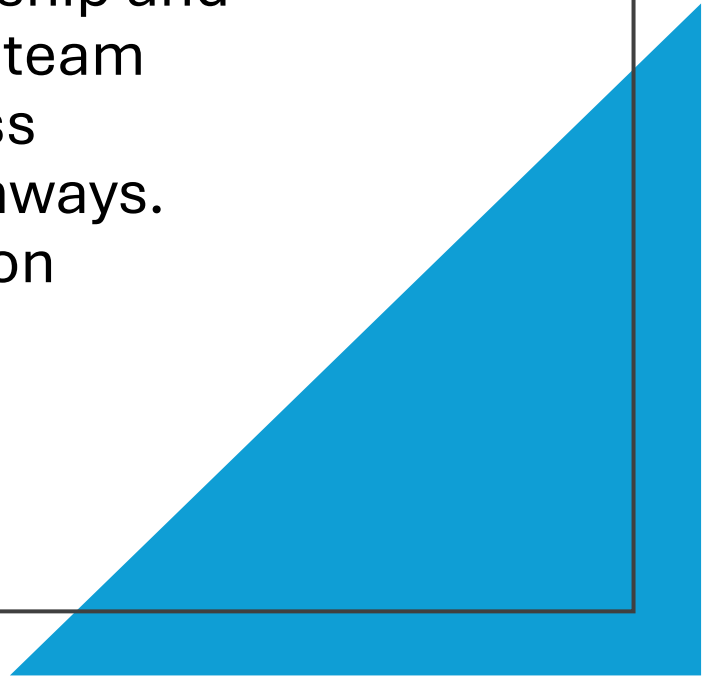
Content



- What is integrated respiratory care?
 - RESPS-an integrated respiratory service
 - ILD Nurse role
 - A patient story
 - Benefits of the Integrated Respiratory Service
- 

What is integrated respiratory care?

- Integrated respiratory care is patient centred and focused on ensuring care is seamless, proactive and co-ordinated through clinical leadership and the multi-professional team working together across organisations and pathways. (BTS/PCRS Joint position statement 2024)



The integrated model of care has the potential to improve clinical outcomes for those with complex respiratory conditions, and to support their carers.

Supported self-management:

- Technology and digital devices
- Patient education - smoking, diet, exercise and immunisation
- Carers support
- Social prescribing

Primary care and community:

- Registry reviews
- Medical optimisation
- Hublets / Virtual MPT clinics / Networks

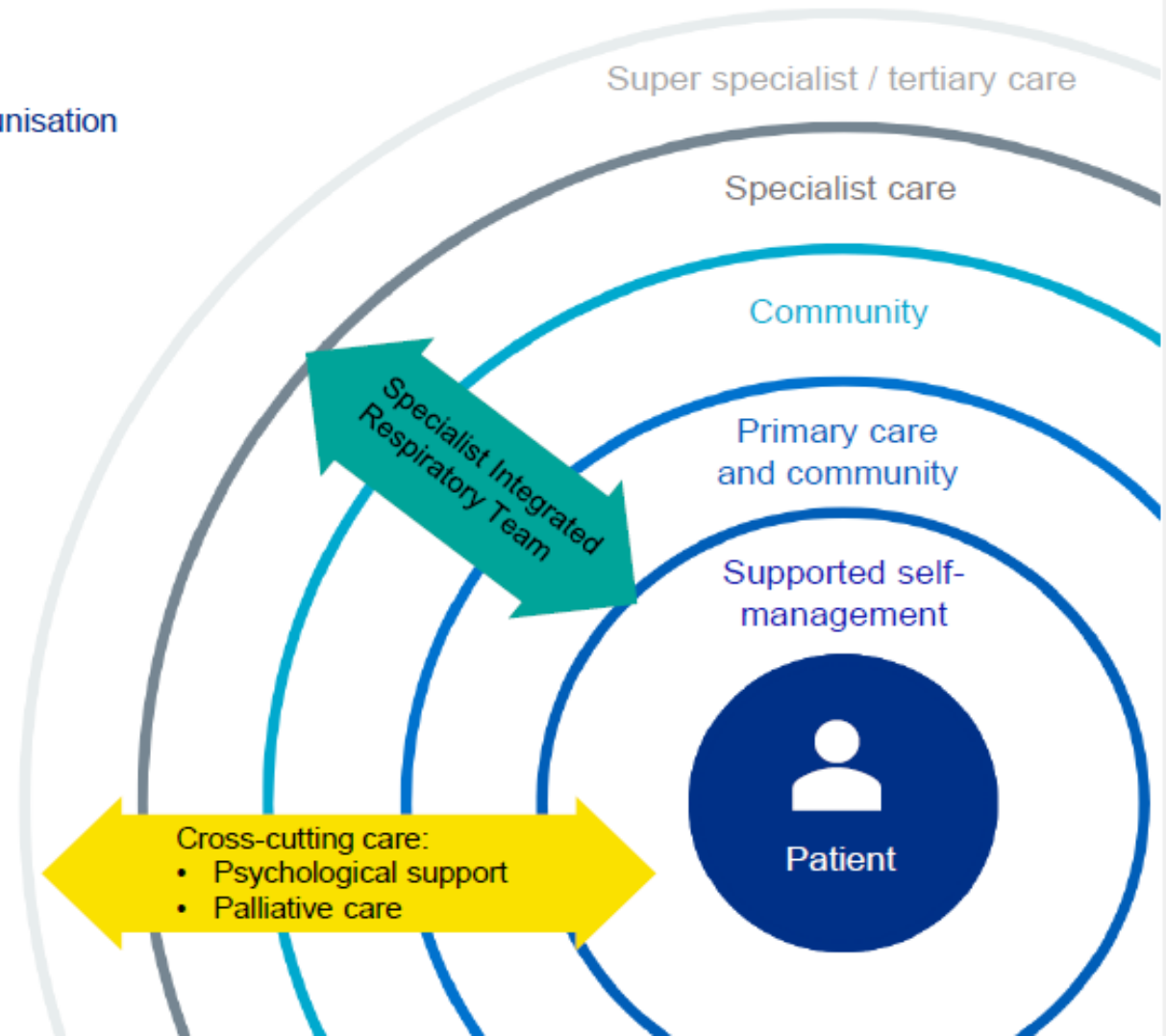
Community:

- Exacerbation management
- Community clinics / place-based support
- Pulmonary rehabilitation
- Oxygen services
- Social care
- Community diagnostic centres
- Virtual wards

Specialist care:

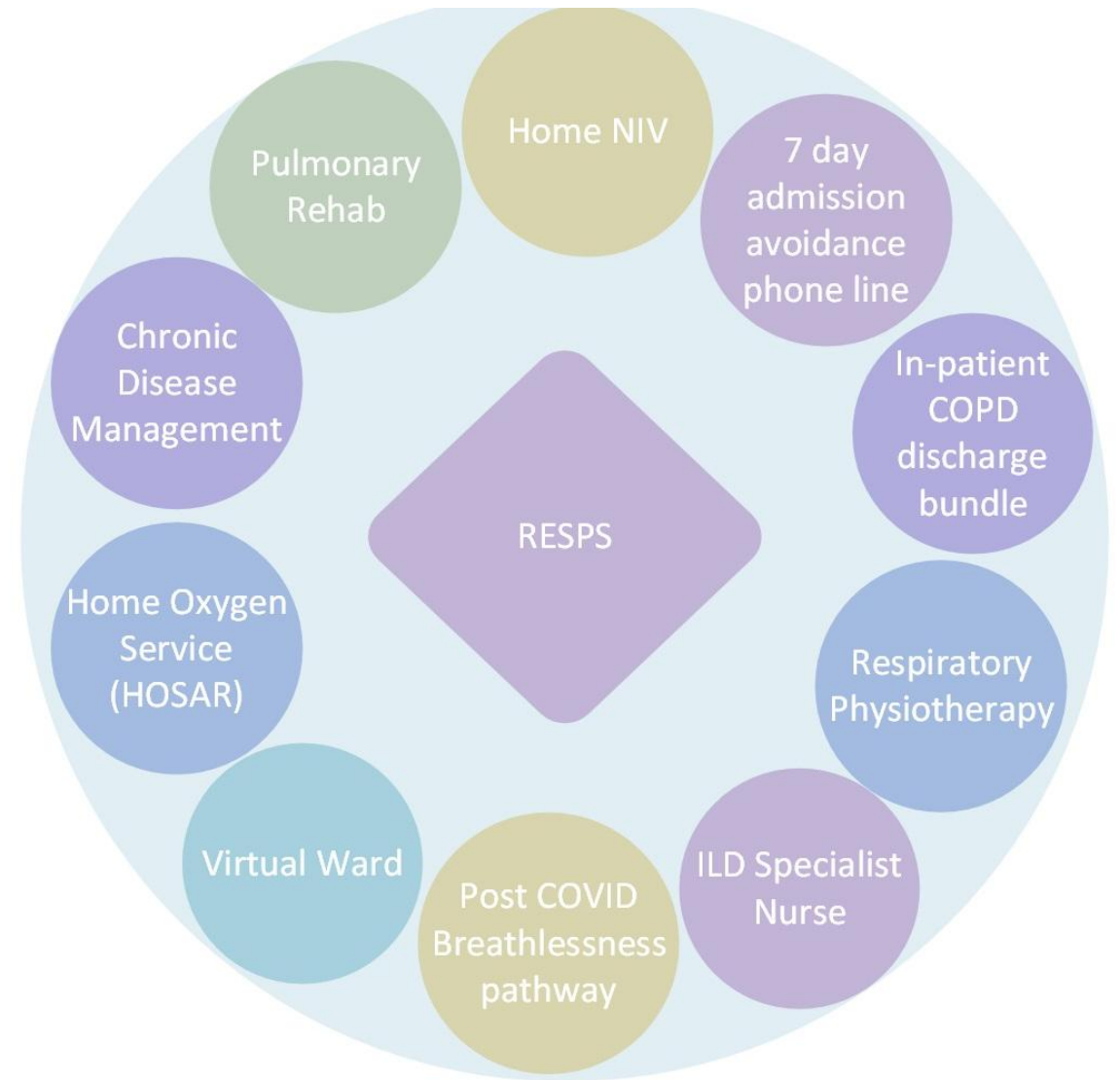
- MPT early supported discharge
- Patient initiated follow-up (PIFU)

In **Specialist Integrated Respiratory Teams**, staff rotate across the respiratory pathway

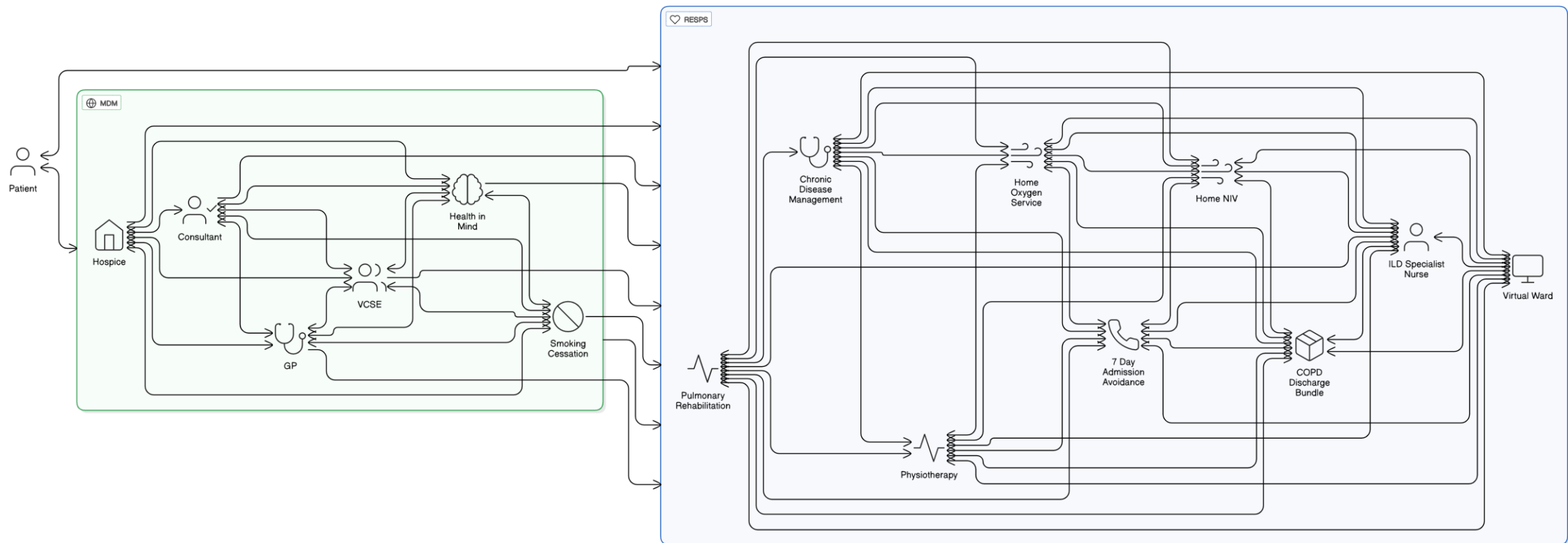


RESPS

- Established in 2011 as a community service providing Chronic Disease Management, Physiotherapy and Pulmonary Rehabilitation.
- Expanded in line with demand and integrated care ambitions set out in the NHS long term plan (2019) and the respiratory medicine GIRFT report (2021)
- RESPS now provides multiple services under one umbrella.
- Although some are commissioned separately integrated working allows delivery as one service.



The reality....



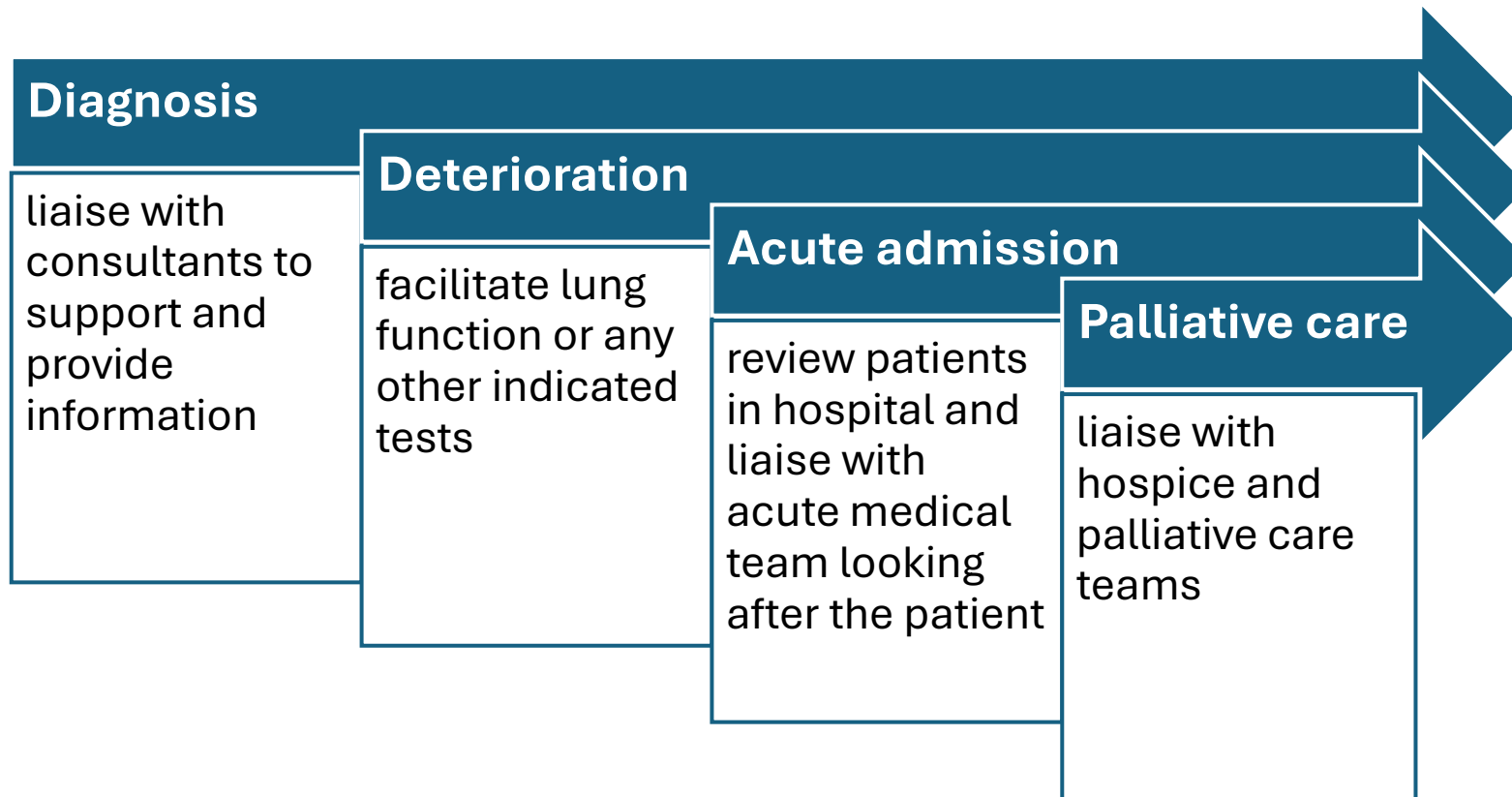
ILD Nurse

The creation of the ILD nurse role

Reallocation of funding from the respiratory consultant budget allowed for the creation of an integrated Specialist ILD Nurse role to deliver improved care for patients with ILD. Key benefits include:

- **Clinical support:** The ILD nurse conducts regular clinics to assist patients in managing their ILD, offering personalised care plans and ongoing support. The ILD nurse also completes blood monitoring to monitor ongoing medications such as immune suppression.
- **Oxygen assessment and review:** The ILD nurse assesses and reviews patients' oxygen needs, ensuring they receive appropriate and effective oxygen therapy.
- **Telephone support:** Patients experiencing problems can access telephone support, providing them with timely advice and reassurance.
- **Communication and liaison:** The ILD nurse serves as a vital liaison between tertiary centres, respiratory consultants, primary care and patients and carers, facilitating smooth communication and co-ordinated care.
- **Multidisciplinary team meetings:** A bi-monthly ILD MDT is convened with the respiratory consultants, an ILD lead consultant, a tertiary centre consultant, a radiologist and the specialist nurse. These meetings are essential in confirming a diagnosis and establishing comprehensive management plans for patients.
- **Quarterly ILD support group meetings-** these provide education and support to patients and their carers, helping them understand their condition better and manage it more effectively. These offer mutual support between patients, carers and attending healthcare professionals, fostering a community of shared experiences and knowledge.

Provision of continuity throughout the patient journey



Benefits of the ILD Nurse Role

- On average, 58 patients are reviewed monthly through a mixture of face to face and telephone reviews
- On average, 60 patients attend the patient support groups every 3 months
- The service has saved approximately 416 hours per year of consultant time
- 100% of patients felt well supported with their ILD following their appointment with the CNS

“I found [the CNS] informative, caring, sympathetic and knowledgeable”

“Reduces health inequalities for local patients whilst having access to specialist treatment and support.”

“[The CNS] was very clear and reassuring”

“I feel privileged that [the CNS] gave me so much time at my appointment today”

<https://youtu.be/kc7Mqgl-ndl>

Benefits of the Integrated Respiratory Service

- Reduction in demand on primary and emergency care.
- Reduced demand on consultant time.
- Improved communication between all services involved in patient care.
- Holistic care reducing stress and anxiety for patients.



References

- British Thoracic Society, Primary Care Respiratory Society. Joint Position Statement on Integrated Care (BTS/PCRS). 2024.
- NHS England. The NHS Long Term Plan. 2019. [nhs.uk/longtermplan](https://www.nhs.uk/longtermplan)
- UK Government. Fit for the Future: The 10-Year Health Plan for England. 2025. [gov.uk/government/publications/10-year-health-plan-for-england](https://www.gov.uk/government/publications/10-year-health-plan-for-england)
- Getting It Right First Time (GIRFT). Respiratory Medicine National Report. October 2021. [gettingitrightfirsttime.co.uk](https://www.gettingitrightfirsttime.co.uk)
- NHS England. Outpatient Recovery and Transformation Programme. 2023. [england.nhs.uk/outpatient-transformation-programme/](https://www.england.nhs.uk/outpatient-transformation-programme/)